

St Clair Surf Lifesaving Club Newsletter



Message from the Chair

It was heartwarming on Sunday to see around 75 nippers pull on their wetsuits and high vis vests to commence the start of the 2021/2022 Junior Surf Program. Whilst the weather gods were good to us we are also very lucky to have an excellent team of helpers on the beach adding value and in the club rooms cooking pancakes.

It's a busy week at the club with our first senior competition on Sunday alongside our Junior session and a coaches/officials course. Please take a look at the calendar for more details.

Officials play a very important role in surf lifesaving sport and we certainly don't have enough of them! This Saturday there will be an officials course running that we would like to encourage any interested parents to take part in- no prior experience needed!

Patrols this weekend

This weekend on patrol we have Charlotte and Jackson on Saturday and Joel and Richard on Sunday. So you know who these awesome lifeguards you can see a photo of them here: [Weekend Pc's 13th14th.PNG](#)

Couple of key reminders for patrols:

- If you cant make it, find a replacement. We are a team and rely on each other!
- Try and get there 10-15 minutes early to help set up
- If you have spare uniforms at home bring them down, we are always short.

Powercraft

We are really lucky to have brand new IRB patrolling gear this season including a new hull turning up in the coming weeks and a new IRB trailer. Our patrol IRB gear and Can-am is expensive gear with the full set up coming in around \$50k, so we need to make sure we look after it!

We are always keen to upskill our members so have these awesome opportunities:

IRB driver training - We are looking for people keen to start to learn to drive an IRB. Please contact Isaac, Mikayla or Scoob if you're keen to find out more.

IRB motor maintenance workshop - This is coming up on the 26th of November. All IRB drivers should attend if they have not already. Race teams are expected to be there too.

IRB race team has begun training. Contact Isaac, Niam or Scoob if you are keen to get involved

Junior Surf

As noted above we had an excellent first session on Sunday. You can see some awesome photos here thanks to Christine

Donegan: <https://www.facebook.com/media/set?vanity=stclairslsc&set=a.4774646945880725>

Our members are our biggest advocates so please spread the word about what we cover in Junior Surf and get involved

Training this week

Tuesday, Thursday, Saturday* and Sunday suitable for Juniors.

Monday: 5:30am senior board, St Clair 5pm IRB Race training.

Tuesday: 5:30am fitness/running, St Clair, 5pm Ski, St Clair-Brent, 5:30pm Junior board, Tomahawk.-Gear loading 5pm at St Clair

Wednesday: 5:30pm senior board, St Clair, 6pm IRB race training

Thursday: 4:30pm Junior board, St Clair

Friday 5:30am Fitness/running, St Clair, 4:30pm Ski, St Clair. Brent

Saturday: 9am-11:30am. Otago surf sport training day at Warrington. Note: there will be multiple special guest coaches at this session. Gear loading 7:30am

*Suitable for junior 200m badge holders through to seniors.

Sunday

8:30am Senior Interclub #1, Warrington

9am Junior Beach Club, St Clair

2pm IRB race training

Senior Sport

Gear loading for Saturday training day and Sunday's competition is 7.30am at the club. If you cannot be there to load gear you need to arrange for someone to load your gear for you.

Useful links

We know there is a lot to keep on top of when it comes to Surf so here are some useful links:

Surf Life Saving Otago Calendar: <https://teamup.com/kskxsqzbz5sqxg3jwfh>

St Clair Patrol Roster: [St Clair Patrol Roster.pdf](#)

If you are not yet on the patrol roster and you want to be or you are interested in becoming a Lifeguard get in touch with us today at stclairslsc@xtra.co.nz





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