

St Clair Surf Lifesaving Club Newsletter



Message from the Chair

It was great to see members young and old turning up at the club over the weekend to complete their annual refresher, register and/or just find out more about what the St Clair Surf Lifesaving club has to offer. To all our new members welcome!

This coming weekend we have our first official Junior surf session on Sunday at 9am so make sure you spread the word and get down to the beach with your morning coffee on Sunday.

Thank you to all our volunteers that helped Saturday, we do take it for granted how much knowledge our members have!

Junior Surf

As noted above we have our first official Junior Surf Session this Sunday 9am at St Clair Beach. This is open to people from 5 years old to 14 and we always welcome new members.

We are changing up how we run Junior Surf this season and will have some new coaching faces alongside some different styles of sessions so come down and see what we are all about!

We will post more about this Sundays session on the clubs Facebook page so keep an eye out there for more information.

Patrols

This weekend we have Patrols Toru and Whā. If you aren't sure what patrol you are on you can check the patrol roster here: [St Clair Patrol Roster.pdf](#)

If you are down at the beach this weekend you'll see these friendly patrol captains. They will be able to help you with all things surf lifesaving so make sure you have a chat to them.

[Weekend PC's.PNG](#)

Training this week

We are going to post the weekly training schedule here each week to make sure everyone knows what is going on. Venues/sessions can change so if you are interested make sure you are on the relevant What's App group from Isaac

Tuesday, Saturday and Sunday sessions suitable for Juniors.

Monday: 5:45am Senior board, St Clair

Tuesday: 5:30am fitness/running, St Clair

5pm Ski, Marina. Brent

5:30pm junior board, Marina Isaac.

Wednesday: 5:30pm senior board, St Clair

Friday 5:30am Fitness/running, St Clair

4:30pm Ski, St Clair. Brent

Saturday 8am Board/ski, Brighton - Gear loading St Clair 7:30am

Sunday 9am Junior club day, St Clair

Please Help - Stop the Landfill

While we all love a bit of interclub rivalry we rally together with our fellow clubbies when we need to. This is a time to do that, as you would have seen there is a proposal for a new landfill out at Brighton that could effect the beach for years to come. Now is the time to speak up and get your voice heard. We all love Brighton beach and would hate if something like this was happening at St Clair beach.

You can make a [submission here](#)

Or find out more on the following [Facebook page](#)

Registrations

If you or your family are yet to register you can register online here: <https://stclairsurfclub.org.nz/sys/website/?pageId=18132>

Useful links

We know there is a lot to keep on top of when it comes to Surf so here are some useful links:

Surf Life Saving Otago [Calendar](#)

St Clair Patrol Roster: [St Clair Patrol Roster.pdf](#)

If you are not yet on the patrol roster and you want to be or you are interested in becoming a Lifeguard get in touch with us today at stclairslsc@xtra.co.nz



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